

2023 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS

Reading, PA

Tom & Helen Flynn Complex

2/24/2023 - 2/25/2023

MEET OFFICIALS

Meet Director:

Timing:

MAC-FAT, LLC.

**OFFICIAL MEET REPORT**

printed: 2/22/2023 9:36 AM

START LIST**#37-1 Men's Indoor Heptathlon 60 Meters**

M	MAC Indoor Champ	6.86	Dereck Davis	2/28/2020
O	MAC Indoor Overall	6.81	Dereck Davis	2020

1:30 PM (Day 1)**Lane Name Yr Team****Section 1 of 1**

1	MCGOVERN, Liam	FR	Messiah
2	LANE, Travis	SO	King's (Pa.)
3	DEFALCIS, Michael	SO	Lebanon Valley
4	KIEFER, Brandon	FR	Stevens
5	DUNKERTON, Gavin	SO	Messiah
6	BATTLE, Jeremiah	JR	Stevenson
7	SABO, Alex	JR	Lebanon Valley
8	MCWILLIAMS, Xavier	SO	Stevens

#2 Women's 4000m DMR

M	MAC Indoor Champ	12:14.01	DeSales	2005
O	MAC Indoor Overall	11:59.22	Misericordia	2016

3:00 PM (Day 1)**Lane Team Time****Section 1 of 1**

1	Stevens (A)	A	13:01.66
	1) PINHO, Rachel JR	2) CANCIANI, Allie SO	
	3) BURDEN, Nina SO	4) ROUSE, Rachel FR	
	5) LULAJ, Jacqueline SO	6) ENES, Taylor FR	
	7) ZUO, Sophia JR	8)	
2	Lebanon Valley (A)	A	13:11.00
	1) KAPCSOS, Sierra FR	2) WAWRYZNSKI, Julia JR	
	3) HUNT, Abigail FR	4) DONNELLY, Anna SR	
3	Misericordia (A)	A	13:20.57
	1) KAMMER, Madison FR	2) ALLEN, Casey SO	
	3) GALLAGHER, Grace FR	4) WAGNER, Brianna SO	
4	Stevenson (A)	A	NT
	1) MCCONNELL, Celest FR	2) SWANN, Alissa FR	
	3) EAGLE, Malee FR	4) AL NASERI, Maryam SR	
5	Arcadia (A)	A	NT
	1) GORDLEY, Micah JR	2) MCGARRY, Delaney SO	
	3) CURNOW, Grace FR	4) BROWNE, April SO	
	5) SUTHERLAND, Emma JR	6) ENGLER, Jacqueline SO	
6	Delaware Valley (A)	A	NT
	1) JOSEPH, Alysia SR	2) HASTINGS, Kelly JR	
	3) BLACKMON, Alyssa JR	4) COUSE, Catherine SR	
	5) LAIRD, Molly FR	6)	
7	Widener (A)	A	NT
	1) HOLT, Donna SO	2) O'BRIEN, Erin FR	
	3) AZZALINA, Serena FR	4) SWEELY, Jaden SO	

#2 Women's 4000m DMR (cont'd)**3:00 PM (Day 1)****Lane Team Time**

8	King's (Pa.) (A)	A	NT
	1) PORTO, Elizabeth SO	2) DAINAUSKI, Laura SO	
	3) ZAMBETTI, Nicole JR	4) MAJCHER, Mikaela SO	
9	Messiah (A)	A	NT
	1) FOGELSANGER, Amber JR	2) LEBO, Kerrigan FR	
	3) KRUTH, Laura JR	4) ANTHONY, Katie SO	
10	York (Pa.) (A)	A	NT
	1) KAISER, Bre JR	2) HENRY, Paige SO	
	3) KOZIOLEK, Cassie JR	4) SKANE, Sarah JR	
11	Alvernia (A)	A	NT
	1) TORRES, Jessie FR	2) KAVULAK, Elizabeth SO	
	3) ST. PIERRE, Mackenzie SO	4) SCHOENER, Katelyn SR	
12	DeSales (A)	A	NT
	1) ESTUS, Haley SO	2) RADCLIFFE, Abigail SO	
	3) ZEITLER, Shae FR	4) SMITH, Amelia SR	
	5) SACCARY, Caitlyn SO	6) CHIDESTER, Elizabeth SO	
	7) VIGLIANTI, Nina SO	8) DURBANO, Abby FR	

#1 Men's 4000m DMR

M	MAC Indoor Champ	10:24.11	Misericordia	2/22/2019
O	MAC Indoor Overall	9:56.80	Elizabethtown	2012

3:20 PM (Day 1)**Lane Team Time****Section 1 of 1**

1	Messiah (A)	A	10:32.55
	1) MOYER, Josiah JR	2) HOSTETLER, Adam SO	
	3) CONDON, John FR	4) HORST, Logan JR	
	5) BAUMAN, Josh SO	6) KIMMEL, Nathan SO	
2	Lebanon Valley (A)	A	10:37.20
	1) LOY, Andrew JR	2) BRUCHAK, Matthew SO	
	3) MCKELL, Elijah FR	4) FERRIZZI, Vince JR	
3	Stevens (A)	A	10:39.44
	1) AYLMEYER, Jake SO	2) ANTALA, Dhavan SO	
	3) LEITNER, Kajetan JR	4) MELAO, Ronnie JR	
	5) LAMASTRA, Danny SR	6) BARBI, Mick FR	
	7) RODRIGUEZ, Chris SO	8)	
4	York (Pa.) (A)	A	11:13.51
	1) SMOOT, Josh FR	2) MARTIN, Matthew FR	
	3) GOWER HALL, Baxter FR	4) KETTULA, John SO	
	5) DESANTIS, Brendan SO	6) NOLAN, Pierce SO	
	7) WINGARD, Jacob SO	8)	
5	Alvernia (A)	A	11:17.96
	1) RODRIGUEZ JR., Emmanuel SO	2) LOEHR, Adam SR	
	3) WENDEL, Zackary FR	4) ROSELLI, Anthony JR	

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#1 Men's 4000m DMR (cont'd)

3:20 PM (Day 1)

Lane	Team	Time
6	Misericordia (A)	A 11:20.84
	1) BRICKER, Thomas FR	2) SMITH, Shakei FR
	3) MCKENNA, Tavian FR	4) RHINEHART, Trey SO
7	Eastern (A)	A 11:39.52
	1) DANIEL, Astin FR	2) WILLIAMS, DaNeal JR
	3) MELLINGER, Ryle FR	4) KARCH, Jason FR
	5) RIOS, Solomon SO	6)
8	King's (Pa.) (A)	A NT
	1) PETTY, Tyler SO	2) AVERY, Brendan SO
	3) MCCARROLL, Will FR	4) FOYTACK, Owen FR
9	Stevenson (A)	A NT
	1) BARRETT, Jake SR	2) HAMILTON, Malik SR
	3) WOMACK, Johnathan SR	4) COLE, Spencer JR
10	Arcadia (A)	A NT
	1) IP, Sean JR	2) CARTER, Robert JR
	3) HASTINGS, Murphy FR	4) BEHM, Ben SR
	5) WALTER, Kevin SR	6) DELORENZO, Eric JR
	7) NOBLE, Jonathan SR	8) SOTO, Justin JR
11	Widener (A)	A NT
	1) PLUNKETT, Thomas FR	2) DAVID, Jonathan FR
	3) SCHREINER, Josh SR	4) CARDIE, Joseph SR
	5) NESCIO, Joseph JR	6)
12	DeSales (A)	A NT
	1) COOK, James FR	2) ARTIS, Shane JR
	3) CONNELL, Tim JR	4) TYCE, Carl SR
	5) PHILLIPPY, Ben JR	6) DEREMER, Josh SO
	7) DUNBAR, Kyle JR	8) BERNER, Logan JR
13	Delaware Valley (A)	A NT
	1) COOPER, Logan SR	2) O'DUNLAMI, Matt SO
	3) SKIKUS, Matthew FR	4) OWEN, Carter JR
	5) MESSENGER, Caleb FR	6) MADISON, Moses JR

#4 Women's 60m Hurdles

M	MAC Indoor Champ	8.79	Mathews, Laura	2/25/2022
O	MAC Indoor Overall	8.60	Mathews, Laura	2/25/2022

Prelims 3:45 PM (Day 1): (Top 1 per Heat + next 5 advance)

Lane	Name	Yr	Team	Time
Heat 1 of 3				
1	TIGHE, Eren	FR	Albright	10.90
2	WILLIAMS, Kristen	JR	Stevens	9.04
3	FASOLI, Brianna	FR	FDU-Florham	9.78
4	STERNBERG, Caitlin	SO	Alvernia	9.85
5	ZULTEVICZ, Victoria	SO	King's (Pa.)	9.47
6	LEHR, Susannah	JR	Stevenson	10.50
7	KROEDEL, Sarah	FR	Stevenson	10.29

#4 Women's 60m Hurdles (cont'd)

Prelims 3:45 PM (Day 1): (Top 1 per Heat + next 5 advance)

Lane	Name	Yr	Team	Time
8	GROSS, Claudia	FR	York (Pa.)	10.13
Heat 2 of 3				
2	MULLEN, Sarah	JR	Delaware Valley	9.54
3	MILLER, Claire	SO	Messiah	9.70
4	WALETZKI, Nicole	SO	Stevens	9.89
5	INNAMORATI, Giavann	FR	King's (Pa.)	10.11
6	PENA, Julia	JR	York (Pa.)	8.81
7	BENNER, Clara	FR	Messiah	10.33
8	FRITZSCH, Lauren	SR	Misericordia	10.48
Heat 3 of 3				
2	DAVIS, Xiahna	SO	Misericordia	10.06
3	BELL, Sydni	FR	Widener	9.59
4	DOWELL, Allie	SR	DeSales	10.39
5	BROWN, Kara	FR	Messiah	9.56
6	BANKERT, Isabella	SO	York (Pa.)	9.92
7	MATHEWS, Laura	JR	Stevens	8.60
8	ZUO, Sophia	JR	Stevens	10.43

#3 Men's 60m Hurdles

M	MAC Indoor Champ	8.22	Buhr, Owen	2/26/2022
O	MAC Indoor Overall	8.19	Jerome Duncan	2012

Prelims 4:00 PM (Day 1): (Top 1 per Heat + next 5 advance)

Lane	Name	Yr	Team	Time
Heat 1 of 3				
2	GREER, Charles	JR	Stevenson	9.40
3	MURTHA, Daniel	SO	Lebanon Valley	8.61
4	SMITH, Kadan	SO	Lebanon Valley	8.57
5	STEELE, John	SO	Messiah	8.94
6	HAMILTON, Wayne	FR	Delaware Valley	9.05
7	SILVERSTEIN, Tristen	FR	Widener	9.44
Heat 2 of 3				
2	CHATMON, Keith	JR	York (Pa.)	8.46
3	WALKER, Sidney	SR	Albright	8.84
4	BERNER, Logan	JR	DeSales	9.15
5	SOTO, Justin	JR	Arcadia	9.47
6	DAVID, Jonathan	FR	Widener	9.36
7	YACOUBIAN, Federico	SO	Stevens	8.74
Heat 3 of 3				
2	SKUTNIK, Nate	FR	Stevens	9.29
3	VANSCHAICK, Brando	FR	Alvernia	9.33
4	ANDRE, Jean-Michelet	SO	Eastern	8.81
5	HERR, Derek	JR	York (Pa.)	8.83
6	REED, Zachary	JR	Lebanon Valley	8.38
7	HORST, Joshua	SO	Messiah	9.59

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START LIST**#6 Women's 60 Meters**

M	MAC Indoor Champ	7.63	Oniesha Clarke	2/25/2017
O	MAC Indoor Overall	7.63	Oniesha Clark	2017

Prelims 4:15 PM (Day 1): (Top 1 per Heat + next 5 advance)

Lane Name	Yr Team	Time
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Heat 1 of 3

1	MARCINKIEWICZ, Isab	FR Arcadia	8.55
2	MATHEWS, Laura	JR Stevens	7.84
3	WAGNER, Sarah	SO Misericordia	8.05
4	KEPLER, Hannah	FR Stevenson	8.31
5	ROPER, Breyanna	SO DeSales	8.30
6	BOYCE, Keziah	FR York (Pa.)	8.43
7	BURKE, Bianca	FR FDU-Florham	8.44
8	CASTILLO, Gloria	SO Hood	8.57

Heat 2 of 3

1	GIANNELLA, Olivia	FR Widener	8.45
2	MALLEE, Gianna	FR Arcadia	8.55
3	HUNYARA, Tori	FR Lebanon Valley	8.28
4	KOWALSKI, Isabella	SO Arcadia	8.42
5	BADILLO, Sonialys	SR Misericordia	8.08
6	GRAYBILL, Emma	SO Messiah	8.32
7	GORE, Jayla	FR Widener	7.81
8	CHARLES, Taisha	JR Albright	8.58

Heat 3 of 3

1	HACKENBERG, Amber	SR Misericordia	8.36
2	MUZZARELLI, Maria	SO Widener	7.81
3	IGLESIAS, Gianna	SO Misericordia	8.51
4	JENNETT, Halle	SO Messiah	8.19
5	GRUENWALD, Arwyn	FR Messiah	8.22
6	BRADY, Juliet	SO King's (Pa.)	8.55
7	SPRINGER, Abigail	SO King's (Pa.)	8.41
8	HESS, Kaitlyn	FR Stevenson	8.61

#5 Men's 60 Meters

M	MAC Indoor Champ	6.86	Dereck Davis	2/28/2020
O	MAC Indoor Overall	6.81	Dereck Davis	2020

Prelims 4:30 PM (Day 1): (Top 1 per Heat + next 4 advance)

Lane Name	Yr Team	Time
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Heat 1 of 4

2	MACK, Amar	FR Stevenson	7.34
3	MAYRO, Zach	SO Messiah	7.25
4	SHORT, Jack	JR Alvernia	7.25
5	SAMS, Myles	JR Arcadia	7.15
6	CIPRIANO, Jarod	JR Misericordia	7.13
7	HARDISON, Quincy	JR York (Pa.)	7.36
8	SNIPES, Dominic	JR Stevenson	7.43

Heat 2 of 4

2	MINS, Jamel	SO Hood	7.15
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#5 Men's 60 Meters (cont'd)**Prelims 4:30 PM (Day 1): (Top 1 per Heat + next 4 advance)**

Lane Name	Yr Team	Time
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3	KOEHLER, Chandler	SO Eastern	7.13
4	WILSON, Vajon	JR DeSales	7.30
5	ASAMOAH, Korell	FR Hood	7.20
6	ELDRIDGE, Christian	FR Stevenson	7.33
7	AVERY, Brendan	SO King's (Pa.)	7.37
8	MCCULLOCH, Tyler	FR DeSales	7.43

Heat 3 of 4

2	DARDEN, Dereck	SO Widener	7.31
3	BLASKI, Phillip	FR Misericordia	7.38
4	MCCARDELL, Derek	SO Lebanon Valley	7.19
5	PINES ELLIOTT, Masai	SO Arcadia	7.13
6	ELLINGTON, Evan	SR Hood	7.15
7	ISAAC, Kip	FR Misericordia	7.30
8	MABRY, Jaiden	FR Eastern	7.42

Heat 4 of 4

2	BLACKWELL, Dylan	FR Misericordia	7.18
3	BRUNELLE, Matthieu	SO Misericordia	7.31
4	OKUSEINDE, Tofunmi	FR Hood	7.31
5	FALL, Ibrahim	FR FDU-Florham	7.39
6	SUMMERS, Cameron	SR Stevenson	6.92
7	MADISON, Moses	JR Delaware Valley	7.39
8	LINDER, Owen	SO Lebanon Valley	7.18

#8 Women's 5000 Meters

M	MAC Indoor Champ	17:32.05	Clare Schoen	2/22/2019
O	MAC Indoor Overall	17:07.52	Clare Schoen	2018

4:45 PM (Day 1)

Lane Name	Yr Team	Time
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Section 1 of 2

1	POWELL, Teddi	JR Messiah	19:56.95
2	TRAN, Chris	SO Widener	19:57.87
3	RUDOLPH, Emily	SO Widener	20:03.03
4	LONG, Kathryn	FR Widener	20:05.26
5	JOHNSON, Julia	SO King's (Pa.)	20:20.96
6	BLACKMON, Alyssa	JR Delaware Valley	20:26.36
7	DONNELLY, Anna	SR Lebanon Valley	20:27.03
8	BATH, Sarah	JR Messiah	20:27.52
9	ULRICH, Rachel	FR Misericordia	20:29.35
10	HOWLAND, Kirsten	JR Messiah	20:31.42
11	NATHAN, Lucy	FR Misericordia	20:34.17
12	FRY, Lindsay	SO York (Pa.)	20:35.40
13	SNYDER, Kaitlyn	JR Alvernia	20:36.80

Section 2 of 2

1	PARDEW, Isabelle	SR Stevenson	17:58.77
2	EGAN, Liz	FR Widener	18:28.06

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START LIST**#8 Women's 5000 Meters (cont'd)****4:45 PM (Day 1)**

Lane	Name	Yr	Team	Time
3	GABLE, Carly	JR	Widener	18:31.98
4	NYE, Gabriella	FR	Widener	18:32.76
5	COONEY, Emily	SO	Widener	18:42.20
6	JAMES, Abigail	SO	Misericordia	18:47.04
7	THOMPSON, Alexa	SR	Misericordia	18:52.62
8	DEVRIES, Sarah	JR	Misericordia	18:53.84
9	TOMKO, Zoe	SO	King's (Pa.)	18:55.68
10	GALLAGHER, Grace	FR	Misericordia	19:18.86
11	JONES, Katherine	SO	Misericordia	19:30.97
12	SCHUTTE, Ali	JR	Messiah	19:35.88
13	NOY, Aylene	FR	Hood	19:38.73
14	NICINSKI, Allison	SR	DeSales	19:44.86
15	FEERICK, Fionna	SO	Stevens	19:46.28
16	COGGINS, Connor	JR	Messiah	19:47.61
17	SWAISGOOD, Amber	JR	Messiah	19:49.06
18	DEMICHIEL, Sophie	SR	Arcadia	19:49.60

#7 Men's 5000 Meters

M	MAC Indoor Champ	14:44.12	Patrick Watson	2/28/2020
O	MAC Indoor Overall	14:18.40	Macharia Yuot	2006

5:30 PM (Day 1)

Lane	Name	Yr	Team	Time
Section 1 of 2				
1	HALVORSEN, Matthew	JR	Stevens	16:13.59
2	MILLER, Donald	FR	Lebanon Valley	16:13.96
3	COSTELLO, Kyle	SO	Messiah	16:14.86
4	SCHERMERHORN, Kyl	SO	Alvernia	16:15.04
5	ORLANDO, Frank	SO	Stevens	16:16.16
6	TRUMP, Davis	FR	DeSales	16:19.56
7	COLYER, Zeke	FR	Messiah	16:24.02
8	RICCO, Eric	JR	DeSales	16:26.49
9	GREVE, Tommy	SR	DeSales	16:26.61
Section 2 of 2				
1	FETTER, Louka	FR	Messiah	15:12.88
2	CONCANNON, Liam	SO	Stevens	15:12.95
3	ROWLEY, Stephen	SO	Misericordia	15:19.86
4	GRIFFIN, Noah	SR	Lebanon Valley	15:25.26
5	MILLAR, David	JR	Widener	15:29.95
6	CALISTI, Noah	SO	Messiah	15:32.95
7	SHULMAN, Ryan	FR	Misericordia	15:36.13
8	SANTACOLOMA, Matt	SR	DeSales	15:38.71
9	FLEAR, Thomas	SO	Widener	15:43.96
10	BAUMAN, Josh	SO	Messiah	15:47.05
11	SCHINDLER, Hayden	JR	Stevenson	15:49.70
12	CHUKOSKIE, Joseph	FR	Lebanon Valley	15:49.74

#7 Men's 5000 Meters (cont'd)**5:30 PM (Day 1)**

Lane	Name	Yr	Team	Time
13	VALDERRABANO, Isaa	JR	York (Pa.)	15:51.18
14	HUTCHINSON, Andrew	JR	Messiah	15:51.42
15	PORCO, Jake	SO	Stevens	15:56.66
16	BRUNO, Brian	JR	DeSales	15:59.36
17	MANIDIS, Nick	JR	DeSales	16:00.82
18	BERGER, Jordan	JR	Lebanon Valley	16:01.37

#10 Women's 4 x 200m Relay

M	MAC Indoor Champ	1:45.45	Lebanon Valley	2012
O	MAC Indoor Overall	1:44.70	Misericordia	2013

6:05 PM (Day 1)

Lane	Team	Time
Section 1 of 3		
3	Hood (A)	A NT
	1) CASTILLO, Gloria SO	2) MCQUILLEN, Chloe SO
	3) HANCOCK, Shayna JR	4) PEZENOSKY, Megan FR
	5) TAYLOR-SPARKS, Iiyana FR	6) HELLER, Adalie SO
4	FDU-Florham (A)	A 1:58.76
	1) BURKE, Bianca FR	2) ABDALLA, Hania FR
	3) HILL, Jada SR	4) FASOLI, Brianna FR
	5) MISKULIN, Sophia SR	6)
5	Arcadia (A)	A 1:58.20
	1) KOWALSKI, Isabella SO	2) MCGARRY, Delaney SO
	3) CURNOW, Grace FR	4) JONES, Emma Mae FR
	5) ILIESCU, Roxy SR	6) MARCINKIEWICZ, Isabella FR
	7) MASONHEIMER, Paige SO	8) MALLEE, Gianna FR
6	DeSales (A)	A NT
	1) DALLMER, Olivia FR	2) ROPER, Breyanna SO
	3) RADCLIFFE, Abigail SO	4) PELLER, Melissa SO
	5) DOWELL, Allie SR	6)
Section 2 of 3		
2	Stevenson (A)	A 1:57.61
	1) WILSON, Jasmine JR	2) KEPLER, Hannah FR
	3) HESS, Kaitlyn FR	4) DAY, Skylia SO
3	Delaware Valley (A)	A 1:57.36
	1) HASTINGS, Kelly JR	2) JOSEPH, Alysia SR
	3) MULLEN, Sarah JR	4) THOMPSON, Paige FR
	5) NEWMAN, Chante JR	6)
4	York (Pa.) (A)	A 1:56.04
	1) BANKERT, Isabella SO	2) BOYCE, Keziah FR
	3) MANN, Payton SO	4) FIQUE, Megan FR
	5) GROSS, Claudia FR	6)

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START LIST**#10 Women's 4 x 200m Relay (cont'd)****6:05 PM (Day 1)**

Lane	Team	Time
5	Stevens (A)	A 1:53.95
	1) MATHEWS, Laura JR	2) CANCIANI, Allie SO
	3) MEYER, Liana JR	4) WILLIAMS, Kristen JR
	5) RYAZANOVA, Stephanie FR	6) ZUO, Sophia JR
	7) WALETZKI, Nicole SO	8) INGRAHAM, Lauren SO
6	King's (Pa.) (A)	A 1:56.97
	1) SPRINGER, Abigail SO	2) BRADY, Juliet SO
	3) INNAMORATI, Giavanna FR	4) DAINAUSKI, Laura SO

Section 3 of 3

2	Alvernia (A)	A 1:53.68
	1) PHILIPPE, Jenna SO	2) KAVULAK, Elizabeth SO
	3) HOXTER, Akilah JR	4) FELIX, Shinelle SO
3	Lebanon Valley (A)	A 1:50.58
	1) BERKHEIMER, Darrian SO	2) PEIFFER, Alyssa SO
	3) ORIEL, Emily FR	4) HUNYARA, Tori FR
4	Messiah (A)	A 1:49.14
	1) JENNETT, Halle SO	2) GRAYBILL, Emma SO
	3) MILLER, Claire SO	4) VARGAS, Elena SO
	5) GRUENWALD, Arwyn FR	6)
5	Widener (A)	A 1:47.92
	1) MUZZARELLI, Maria SO	2) GORE, Jayla FR
	3) SCHULTZ, Emma SO	4) BARR, Kelly FR
6	Misericordia (A)	A 1:49.45
	1) BADILLO, Sonialys SR	2) HACKENBERG, Amber SR
	3) IGLESIAS, Gianna SO	4) WAGNER, Sarah SO

#9 Men's 4 x 200m Relay

M	MAC Indoor Champ	1:30.95	Misericordia	2/23/2018
O	MAC Indoor Overall	1:29.74	Misericordia	2018

6:20 PM (Day 1)

Lane	Team	Time
Section 1 of 3		
2	Messiah (A)	A NT
	1) HORST, Joshua SO	2) DAUDT, Connor JR
	3) DAUDT, Jack JR	4) BAXTER, Sean FR
	5) HANDWERK, Adam JR	6) BILLET, Tyler FR
	7) WYRICK, Jonathan SO	8)
3	DeSales (A)	A NT
	1) DUNBAR, Kyle JR	2) WILSON, Vajon JR
	3) MCCULLOCH, Tyler FR	4) RUTLEDGE, Ason SR
	5) BERNER, Logan JR	6) PHOENIX, Xavier SR
4	Albright (A)	A 1:38.91
	1) REMBERT, Beyah FR	2) MALEY, Michael SO
	3) NEWSOME, Elijah FR	4) HAMMOND, Gregory SO

#9 Men's 4 x 200m Relay (cont'd)**6:20 PM (Day 1)**

Lane	Team	Time
5	Eastern (A)	A 1:37.11
	1) KOEHLER, Chandler SO	2) ANDRE, Jean-Michelet SO
	3) MOORE, Marvin JR	4) WILLIAMS, DaNeal JR
	5) MABRY, Jaiden FR	6) HICKS, Troy FR
	7) OBADINA, Bamidele FR	8)
6	FDU-Florham (A)	A 1:39.39
	1) TANEZ, Francisco FR	2) RAMIREZ, Isaiah FR
	3) THOMAS, JeVaughn SR	4) FALL, Ibrahim FR
	5) BROWN, D'Maari FR	6) HAROLD, Otis SO

Section 2 of 3

2	Stevens (A)	A 1:36.94
	1) RODRIGUEZ, Chris SO	2) YACOUBIAN, Federico SO
	3) LAMASTRA, Danny SR	4) MCWILLIAMS, Xavier SO
	5) ONG, Brian SO	6) FINCK, Kevin JR
3	Delaware Valley (A)	A 1:36.31
	1) COOPER, Logan SR	2) O'DUNLAMI, Matt SO
	3) MADISON, Moses JR	4) MESSENGER, Caleb FR
	5) TAVERAS, Janiel FR	6)
4	Arcadia (A)	A 1:35.21
	1) PINES ELLIOTT, Masai SO	2) CASTELLI, Wesley FR
	3) WRAGG, Samuel SR	4) SAMS, Myles JR
	5) CARTER, Robert JR	6) SOTO, Justin JR
5	York (Pa.) (A)	A 1:34.78
	1) HARDISON, Quincy JR	2) CHATMON, Keith JR
	3) HIGGINS, Ian SO	4) HERR, Derek JR
	5) NIEMANDT, Edwin FR	6)
6	Misericordia (A)	A 1:35.39
	1) CIPRIANO, Jarod JR	2) BLACKWELL, Dylan FR
	3) BLASKI, Phillip FR	4) SMITH, Shakei FR

Section 3 of 3

2	Hood (A)	A 1:34.65
	1) MINS, Jamel SO	2) ELLINGTON, Evan SR
	3) ASAMOAH, Korell FR	4) OKUSEINDE, Tofunmi FR
	5) ELLINGTON, Owen SO	6) NGUELE, Arnold SO
3	Lebanon Valley (A)	A 1:34.60
	1) LINDER, Owen SO	2) MURTHA, Daniel SO
	3) GOUNDIE, Donovan FR	4) REED, Zachary JR
	5) SMITH, Kadan SO	6)
4	Alvernia (A)	A 1:34.07
	1) SHORT, Jack JR	2) JEROME, Elisiah SO
	3) KAZOKAS, Kevin SO	4) LOEHR, Adam SR
5	Stevenson (A)	A 1:33.63
	1) RACCIOPI, Jai JR	2) MACK, Amar FR
	3) OYENIRAN, Jubelo SO	4) SUMMERS, Cameron SR
	5) SAINT HILLIEN, Fabrice FR	6) ELDRIDGE, Christian FR

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START LIST**#9 Men's 4 x 200m Relay (cont'd)****6:20 PM (Day 1)**

Lane	Team	Time
6	Widener (A)	A 1:34.59
	1) DARDEN, Dereck SO	2) MCNEAR, Brion SO
	3) MILLER, Ben SR	4) KNOWLES, Samuel SO
	5) SCHREINER, Josh SR	6)

#12 Men's Weight Throw

M	MAC Indoor Champ	18.95m	Tyler Williams	2/28/2015
O	MAC Indoor Overall	20.39m	Alex Kristeller	2022

2:00 PM (Day 1)

Lane Name	Yr	Team	Mark
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Flight 1 of 2

1	JUSINO, Christian	SR Albright	12.87m
2	NOBLIT, Adam	SO York (Pa.)	12.41m
3	FOX, Brandon	SO Stevens	11.52m
4	TANG, Jetli	SO King's (Pa.)	12.32m
5	SPINELLA, Matt	FR Arcadia	12.18m
6	KEMP, Carnell	SO King's (Pa.)	13.21m
7	MACALUSO, Riley	FR Misericordia	11.52m
8	HETRICK, Wyatt	FR Lebanon Valley	11.83m
9	WENTZ, Gavin	FR York (Pa.)	12.28m
10	CHINN, Nick	SR DeSales	10.76m
11	LAPSYNSKI, Erik	SR DeSales	11.43m
12	VEGA, Emmanuel	FR Stevens	11.34m
13	WELLINGTON, Giovan	FR DeSales	12.24m

Flight 2 of 2

1	ADAMS, Justin	SO Widener	17.07m
2	WILLIAMS, Nathan	JR Stevenson	18.14m
3	REYNOLDS, Trey	SO Lebanon Valley	15.97m
4	WATERS, David	SO Widener	15.06m
5	LITTLEFIELD, Alden	SR Widener	17.52m
6	MAHANA, James	FR Delaware Valley	14.09m
7	ROLLINSON, Aidan	FR York (Pa.)	14.79m
8	SHAY, Cody	SO Lebanon Valley	14.47m
9	HOWELL, Conrad	SO Widener	13.69m
10	KRISTELLER, Alex	SO Widener	20.27m
11	MILLER, Dustin	SR Hood	13.84m
12	KEADY, Colin	SO Stevens	13.96m
13	GIHR, Stephen	FR Misericordia	13.33m
14	MAHANA, John	FR Delaware Valley	13.27m

#37-2 Men's Indoor Heptathlon Long Jump

M	MAC Indoor Champ	7.28m	Ta'rig Thomas	2/23/2018
O	MAC Indoor Overall	7.38m	Joe Moore	2003

#37-2 Men's Indoor Heptathlon Long Jump (cont'd)**2:05 PM (Day 1)**

Lane Name	Yr	Team
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Flight 1 of 1

1	KIEFER, Brandon	FR Stevens
2	LANE, Travis	SO King's (Pa.)
3	BATTLE, Jeremiah	JR Stevenson
4	MCWILLIAMS, Xavier	SO Stevens
5	DUNKERTON, Gavin	SO Messiah
6	MCGOVERN, Liam	FR Messiah
7	SABO, Alex	JR Lebanon Valley
8	DEFALCIS, Michael	SO Lebanon Valley

#36 Men's Pole Vault

M	MAC Indoor Champ	5.13m	Tim Moses	2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	2015

3:00 PM (Day 1)

Lane Name	Yr	Team	Mark
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Flight 1 of 1

1	ANANTHARAJAH, Andr	SO Stevens	3.70m
2	HYMAN, Jay	FR Stevenson	3.70m
3	CASE, Nolan	SO Eastern	3.80m
4	PANDALIANO, Andy	JR York (Pa.)	3.85m
5	RODOFF, Darren	JR Lebanon Valley	3.95m
6	ZEHR, Josiah	JR Messiah	4.16m
7	STANKUS, Ayden	SO Lebanon Valley	4.50m
8	RAMA, Enis	SR Stevens	4.50m
9	COSGROVE, Aaron	JR York (Pa.)	4.57m

#37-3 Men's Indoor Heptathlon Shot Put

M	MAC Indoor Champ	17.52m	Fred Fulton	2/23/2013
O	MAC Indoor Overall	17.86m	Fred Fulton	2013

3:30 PM (Day 1)

Lane Name	Yr	Team
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Flight 1 of 1

1	BATTLE, Jeremiah	JR Stevenson
2	DEFALCIS, Michael	SO Lebanon Valley
3	DUNKERTON, Gavin	SO Messiah
4	LANE, Travis	SO King's (Pa.)
5	KIEFER, Brandon	FR Stevens
6	MCGOVERN, Liam	FR Messiah
7	MCWILLIAMS, Xavier	SO Stevens
8	SABO, Alex	JR Lebanon Valley

#15 Women's Long Jump

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START LIST**#15 Women's Long Jump (cont'd)**

M	MAC Indoor Champ	5.80m	Nicole Weenink	2/28/2020
M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	2/25/2017
O	MAC Indoor Overall	5.80m	Nicole Weenink	2020
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	2017
O	MAC Indoor Overall	5.80m	Oniesha Clarke	2017

3:05 PM (Day 1)

Lane Name	Yr Team	Mark
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Flight 1 of 2

1	MASONHEIMER, Paige	SO Arcadia	4.62m
2	CASTILLO, Gloria	SO Hood	4.76m
3	OLEWINE, Jill	SR Misericordia	4.73m
4	ILIESCU, Roxy	SR Arcadia	4.72m
5	CONFORTI, Gabriella	JR King's (Pa.)	4.70m
6	SANTORO, Ella	SO Stevens	4.69m
7	DAVIS, Xiahna	SO Misericordia	4.66m
8	FURBUSH, Tia	FR Widener	4.78m
9	TAYLOR-SPARKS, Iiya	FR Hood	4.61m
10	PREVIGLIAN, Maggie	FR Stevens	4.59m
11	JONES, Emma Mae	FR Arcadia	4.56m
12	NICHOLSON, Emily	FR Misericordia	4.56m
13	MCCLOUD, Al'liyah	SO Alvernia	4.54m
14	HOXTER, Akilah	JR Alvernia	4.51m

Flight 2 of 2

1	PERFILIO, Madelynn	FR King's (Pa.)	5.12m
2	BRUBAKER, Megan	JR DeSales	4.91m
3	FELIX, Shinelle	SO Alvernia	5.33m
4	MEYER, Liana	JR Stevens	5.24m
5	PENA, Julia	JR York (Pa.)	5.43m
6	MALLEE, Gianna	FR Arcadia	5.08m
7	THOMPSON, Paige	FR Delaware Valley	5.03m
8	WAGNER, Sarah	SO Misericordia	5.44m
9	MUZZARELLI, Maria	SO Widener	5.02m
10	BEKELE, Divora	JR Eastern	5.00m
11	WALETZKI, Nicole	SO Stevens	5.02m
12	KOWALSKI, Isabella	SO Arcadia	4.91m
13	DALLMER, Olivia	FR DeSales	4.86m
14	HESS, Kaitlyn	FR Stevenson	4.85m
15	APLIN, Grace	SO Lebanon Valley	4.84m

#11 Women's Weight Throw

M	MAC Indoor Champ	17.32m	Karnish, Brenna	2/25/2022
O	MAC Indoor Overall	17.83m	Danika Ani	2020

4:30 PM (Day 1)

Lane Name	Yr Team	Mark
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Flight 1 of 2

1	HILFERTY, Delaney	SO Delaware Valley	10.85m
2	MULIAWAN, Ashley	JR Stevens	11.64m

#11 Women's Weight Throw (cont'd)**4:30 PM (Day 1)**

Lane Name	Yr Team	Mark
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3	KTYTOR, Sarah	JR Arcadia	9.28m
4	PORTELLI, Catherine	SO Arcadia	11.49m
5	MORGANTI, Dianna	SR Alvernia	10.05m
6	HARNOIS, Sofia	FR York (Pa.)	11.66m
7	MYERS, Zoe	FR York (Pa.)	11.04m
8	ALTMAN, Sydney	FR Widener	9.97m
9	BUSSEY, Meghan	FR Lebanon Valley	11.09m
10	GUAGENTI, Cara	FR Stevenson	9.27m
11	EDUJA, Michelle	JR DeSales	9.78m
12	KING, Kaitlin	FR York (Pa.)	9.80m
13	REED, Caroline	SO Lebanon Valley	11.62m
14	HAWLEY, Alexis	FR Misericordia	11.31m
15	STILES, Caroline	SO Eastern	8.98m

Flight 2 of 2

1	JONES, Kaitlyn	SO Delaware Valley	13.42m
2	BELLOMO, Gabby	SO Misericordia	13.42m
3	ASSANTE, Lauren	SO Lebanon Valley	13.71m
4	LACCETTI, AnaMaria	SR Stevens	14.00m
5	VAUGHNS, Makayla	SR Stevenson	13.67m
6	BELLUCCI, Anna	SO King's (Pa.)	13.49m
7	SPENCE, Makenze	JR Lebanon Valley	13.49m
8	ZECHMAN, Taileen	JR Hood	12.92m
9	SHOEMAKER, Katelyn	FR King's (Pa.)	13.33m
10	HOLLANDER, Adele	SO King's (Pa.)	13.37m
11	BARTELS, Ashley	JR Lebanon Valley	15.85m
12	KARNISH, Brenna	SR Misericordia	17.01m
13	FERSTER, Leah	SO Messiah	12.77m
14	RODRIGUEZ, Isabel	FR Widener	12.37m
15	AGBEMBLE, Kyrah	FR Stevenson	11.78m

#37-4 Men's Indoor Heptathlon High Jump

M	MAC Indoor Champ	2.07m	Valiant McKee	2/24/2018
O	MAC Indoor Overall	2.07m	Valiant McKee	2/29/2020

4:30 PM (Day 1)

Lane Name	Yr Team
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Flight 1 of 1

1	MCWILLIAMS, Xavier	SO Stevens
2	LANE, Travis	SO King's (Pa.)
3	BATTLE, Jeremiah	JR Stevenson
4	SABO, Alex	JR Lebanon Valley
5	DUNKERTON, Gavin	SO Messiah
6	KIEFER, Brandon	FR Stevens
7	DEFALCIS, Michael	SO Lebanon Valley
8	MCGOVERN, Liam	FR Messiah

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START LIST**#14 Men's Long Jump**

M	MAC Indoor Champ	7.28m	Ta'rig Thomas	2/23/2018
O	MAC Indoor Overall	7.38m	Joe Moore	2003

5:00 PM (Day 1)

Lane Name	Yr	Team	Mark
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Flight 1 of 2

1	STEMPIN, Alex	FR	Widener	5.96m
2	RESSLER, Tyler	FR	Widener	5.90m
3	STANKUS, Ayden	SO	Lebanon Valley	6.01m
4	ZIEGLER, Jake	SO	Alvernia	6.06m
5	MADISON, Moses	JR	Delaware Valley	6.04m
6	GROSSMAN, Jacob	FR	Widener	6.00m
7	KAZOKAS, Kevin	SO	Alvernia	5.97m
8	PINES ELLIOTT, Masai	SO	Arcadia	6.18m
9	MALEY, Michael	SO	Albright	5.97m
10	HICKS, Troy	FR	Eastern	5.90m
11	BATISTA, Javian	SO	Stevens	6.10m
12	KERR, Landon	SO	Messiah	6.07m
13	ZERNHELT, Landon	FR	Stevenson	5.96m

Flight 2 of 2

1	SAMS, Myles	JR	Arcadia	6.86m
2	FALL, Ibrahim	FR	FDU-Florham	6.73m
3	BROWN, D'Maari	FR	FDU-Florham	6.59m
4	STEWART, Khari	SR	Stevenson	6.32m
5	FRENCH, Zach	FR	Messiah	6.57m
6	WALKER, Sidney	SR	Albright	6.67m
7	PHOENIX, Xavier	SR	DeSales	6.66m
8	TAYLOR, Andre	SO	Eastern	6.50m
9	SHEFFIELD, Daniel	JR	Lebanon Valley	6.45m
10	TANIS, John	FR	Misericordia	6.22m
11	OTTO, Joshua	JR	Lebanon Valley	6.30m
12	BRUNELLE, Matthieu	SO	Misericordia	6.98m
13	SMITH, Omar	FR	King's (Pa.)	6.19m
14	COSGROVE, Aaron	JR	York (Pa.)	6.20m

#37-5 Men's Indoor Heptathlon 60m Hurdles

M	MAC Indoor Champ	8.22	Buhr, Owen	2/26/2022
O	MAC Indoor Overall	8.19	Jerome Duncan	2012

11:00 AM (Day 2)

Lane Name	Yr	Team
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Section 1 of 2

2	DEFALCIS, Michael	SO	Lebanon Valley
4	SABO, Alex	JR	Lebanon Valley
6	MCGOVERN, Liam	FR	Messiah
8	DUNKERTON, Gavin	SO	Messiah

Section 2 of 2

2	LANE, Travis	SO	King's (Pa.)
4	MCWILLIAMS, Xavier	SO	Stevens

#37-5 Men's Indoor Heptathlon 60m Hurdles (cont)**11:00 AM (Day 2)**

Lane Name	Yr	Team
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6	KIEFER, Brandon	FR	Stevens
8	BATTLE, Jeremiah	JR	Stevenson

#38-1 Women's Indoor Pentathlon 60m Hurdles

M	MAC Indoor Champ	8.79	Mathews, Laura	2/25/2022
O	MAC Indoor Overall	8.60	Mathews, Laura	2/25/2022

11:05 AM (Day 2)

Lane Name	Yr	Team
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Section 1 of 2

2	ZULTEVICZ, Victoria	SO	King's (Pa.)
4	WEGMAN, Carolina	FR	Lebanon Valley
6	GEORGE, Susan	JR	Stevens
8	MCQUILLEN, Chloe	SO	Hood

Section 2 of 2

2	HAMLEN, Natalie	SO	Messiah
4	BELL, Sydni	FR	Widener
6	MEYER, Liana	JR	Stevens
8	GLISTA, Morgan	SR	Arcadia

#38-5 Women's Indoor Pentathlon 800 Meters

M	MAC Indoor Champ	2:11.81	Seeland, Esther	2/25/2022
O	MAC Indoor Overall	2:05.39	Esther Seeland	2022

3:55 PM (Day 2)

Lane Name	Yr	Team
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Section 1 of 1

1	HAMLEN, Natalie	SO	Messiah
2	WEGMAN, Carolina	FR	Lebanon Valley
3	MCQUILLEN, Chloe	SO	Hood
4	ZULTEVICZ, Victoria	SO	King's (Pa.)
5	GEORGE, Susan	JR	Stevens
6	MEYER, Liana	JR	Stevens
7	BELL, Sydni	FR	Widener
8	GLISTA, Morgan	SR	Arcadia

#37-7 Men's Indoor Heptathlon 1000 Meters**3:00 PM (Day 2)**

Lane Name	Yr	Team
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Section 1 of 1

1	BATTLE, Jeremiah	JR	Stevenson
2	MCWILLIAMS, Xavier	SO	Stevens
3	MCGOVERN, Liam	FR	Messiah
4	KIEFER, Brandon	FR	Stevens
5	SABO, Alex	JR	Lebanon Valley
6	LANE, Travis	SO	King's (Pa.)
7	DUNKERTON, Gavin	SO	Messiah
8	DEFALCIS, Michael	SO	Lebanon Valley

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START LIST**#17 Women's 1 Mile Run**

M	MAC Indoor Champ	5:01.06	Esther Seeland	2/23/2019
O	MAC Indoor Overall	4:52.25	Esther Seeland	2022

12:30 PM (Day 2)

Lane Name	Yr Team	Time
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Section 1 of 1

1	NYE, Gabriella	FR Widener	5:12.87
2	SMITH, Amelia	SR DeSales	5:13.72
3	BUNKE, Lauren	JR Lebanon Valley	5:13.88
4	DICKOW, Kate	SO Messiah	5:17.72
5	EGAN, Liz	FR Widener	5:21.98
6	SCHOENER, Katelyn	SR Alvernia	5:23.06
7	DEVRIES, Sarah	JR Misericordia	5:23.34
8	ROUSE, Rachel	FR Stevens	5:23.49
9	ANTHONY, Katie	SO Messiah	5:26.28
10	SHREFFLER, Hailey	SO Eastern	5:29.51
11	WAGNER, Brianna	SO Misericordia	5:32.22
12	KAMMER, Madison	FR Misericordia	5:36.90
13	ZEITLER, Shae	FR DeSales	5:38.50
14	COGGINS, Connor	JR Messiah	5:39.38
15	BROWNE, April	SO Arcadia	5:41.21

#16 Men's 1 Mile Run

M	MAC Indoor Champ	4:13.63	Macharia Yuot	2006
O	MAC Indoor Overall	4:10.24	Russell Speiden	2011

12:45 PM (Day 2)

Lane Name	Yr Team	Time
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Section 1 of 2

1	CARDIE, Joseph	SR Widener	4:31.71
2	COLYER, Zeke	FR Messiah	4:33.45
3	KETTULA, John	SO York (Pa.)	4:35.37
4	SHELTON, Eric	SO Lebanon Valley	4:35.81
5	CONNELL, Tim	JR DeSales	4:35.86
6	JUTRAS, Daniel	FR Stevens	4:35.92
7	BRICKER, Thomas	FR Misericordia	4:36.55
8	HUNT, Tyler	SO York (Pa.)	4:36.68
9	ROSEBOOM, Jack	SO York (Pa.)	4:37.51
10	ONODY, Bryan	SO Stevens	4:38.11
11	ZAMICHELII, Dante	SO Albright	4:38.63

Section 2 of 2

1	HORST, Logan	JR Messiah	4:19.40
2	FETTER, Louka	FR Messiah	4:21.53
3	MELAO, Ronnie	JR Stevens	4:21.85
4	HUTCHINSON, Andrew	JR Messiah	4:21.87
5	CALISTI, Noah	SO Messiah	4:23.16
6	RHINEHART, Trey	SO Misericordia	4:24.61
7	MILLAR, David	JR Widener	4:25.00
8	ARTIS, Shane	JR DeSales	4:25.31

#16 Men's 1 Mile Run (cont'd)**12:45 PM (Day 2)**

Lane Name	Yr Team	Time
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9	FLEAR, Thomas	SO Widener	4:26.11
10	SAPPE, Chris	FR Hood	4:27.46
11	AYLMER, Jake	SO Stevens	4:28.85
12	MOYER, Josiah	JR Messiah	4:29.04

#19 Women's 400 Meters

M	MAC Indoor Champ	57.49	Gina Dello Russo	2/29/2020
O	MAC Indoor Overall	56.79	Gina Dello Russo	2020

1:15 PM (Day 2)

Lane Name	Yr Team	Time
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Section 1 of 4

3	CHANDLER, Cassidy	JR Messiah	1:06.04
4	BENNER, Clara	FR Messiah	1:05.89
5	PHILIPPE, Jenna	SO Alvernia	1:05.76
6	DEVITA, Alyssa	FR Albright	1:05.91

Section 2 of 4

2	DAINAUSKI, Laura	SO King's (Pa.)	1:05.30
3	ALLEN, Casey	SO Misericordia	1:04.60
4	PEIFFER, Alyssa	SO Lebanon Valley	1:03.54
5	LEBO, Kerrigan	FR Messiah	1:02.90
6	JOSEPH, Alysia	SR Delaware Valley	1:03.59

Section 3 of 4

2	HACKENBERG, Amber	SR Misericordia	1:02.47
3	RADCLIFFE, Abigail	SO DeSales	1:02.42
4	GRAYBILL, Emma	SO Messiah	1:02.12
5	CURNOW, Grace	FR Arcadia	1:02.11
6	SCHULTZ, Emma	SO Widener	1:02.39

Section 4 of 4

2	WILSON, Jasmine	JR Stevenson	1:01.23
3	BADILLO, Sonialys	SR Misericordia	1:01.03
4	BERKHEIMER, Darrian	SO Lebanon Valley	1:00.88
5	MATHEWS, Laura	JR Stevens	57.93
6	BARR, Kelly	FR Widener	1:00.98

#18 Men's 400 Meters

M	MAC Indoor Champ	48.77	Lou Corominas	2006
O	MAC Indoor Overall	48.51	Lou Corominas	2006

1:30 PM (Day 2)

Lane Name	Yr Team	Time
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Section 1 of 6

4	VANSCHAICK, Brando	FR Alvernia	54.24
5	REIMERT, Alexander	FR Stevenson	54.21
6	TANEZ, Francisco	FR FDU-Florham	54.42

Section 2 of 6

4	BRUCHAK, Matthew	SO Lebanon Valley	54.03
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START LIST**#18 Men's 400 Meters (cont'd)****1:30 PM (Day 2)**

Lane	Name	Yr	Team	Time
5	OYENIRAN, Jubelo	SO	Stevenson	53.95
6	WRAGG, Samuel	SR	Arcadia	54.09

Section 3 of 6

2	SMITH, Shakei	FR	Misericordia	53.93
3	DESANTIS, Brendan	SO	York (Pa.)	53.90
4	GOUNDIE, Donovan	FR	Lebanon Valley	53.74
5	ELLINGTON, Owen	SO	Hood	53.52
6	RAMIREZ, Isaiah	FR	FDU-Florham	53.88

Section 4 of 6

2	WILLIAMS, DaNeal	JR	Eastern	53.32
3	LOEHR, Adam	SR	Alvernia	53.18
4	RUTLEDGE, Ason	SR	DeSales	52.91
5	CASTELLI, Wesley	FR	Arcadia	52.68
6	HAMILTON, Malik	SR	Stevenson	53.11

Section 5 of 6

2	SAINT HILLIEN, Fabric	FR	Stevenson	52.60
3	MESSENGER, Caleb	FR	Delaware Valley	52.51
4	MILLER, Ben	SR	Widener	52.49
5	O'DUNLAMI, Matt	SO	Delaware Valley	52.30
6	MCNEAR, Brion	SO	Widener	52.50

Section 6 of 6

2	RACCIOPPI, Jai	JR	Stevenson	52.20
3	DUNBAR, Kyle	JR	DeSales	51.98
4	NOVROCKI, Andrew	SO	King's (Pa.)	51.43
5	KNOWLES, Samuel	SO	Widener	49.53
6	COOPER, Logan	SR	Delaware Valley	51.45

#21 Women's 800 Meters

M	MAC Indoor Champ	2:11.81	Seeland, Esther	2/25/2022
O	MAC Indoor Overall	2:05.39	Esther Seeland	2022

2:00 PM (Day 2)

Lane	Name	Yr	Team	Time
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Section 1 of 3

1	TORRES, Jessie	FR	Alvernia	2:31.38
2	CORY, Olivia	JR	Messiah	2:33.56
3	RODRIGUEZ, Isabela	SO	Messiah	2:33.70
4	DAVIS, Carlina	SO	Misericordia	2:33.96
5	HENRY, Paige	SO	York (Pa.)	2:34.12

Section 2 of 3

1	GORDLEY, Micah	JR	Arcadia	2:26.77
2	LULAJ, Jacqueline	SO	Stevens	2:27.20
3	SHREFFLER, Hailey	SO	Eastern	2:27.57
4	VOGEL, Isabel	FR	Stevens	2:29.05
5	SKANE, Sarah	JR	York (Pa.)	2:29.55
6	KEEFE, Gia	FR	Misericordia	2:30.45

#21 Women's 800 Meters (cont'd)**2:00 PM (Day 2)**

Lane	Name	Yr	Team	Time
7	ENES, Taylor	FR	Stevens	2:30.92
8	WAGNER, Brianna	SO	Misericordia	2:31.36

Section 3 of 3

1	BUNKE, Lauren	JR	Lebanon Valley	2:21.66
2	BURDEN, Nina	SO	Stevens	2:21.86
3	HOLT, Donna	SO	Widener	2:22.97
4	SWEELY, Jaden	SO	Widener	2:23.83
5	GALLAGHER, Kristin	SO	Misericordia	2:25.38
6	SCHOENER, Katelyn	SR	Alvernia	2:25.92
7	PINHO, Rachel	JR	Stevens	2:26.12
8	GARGES, Autumn	FR	Lebanon Valley	2:26.74

#20 Men's 800 Meters

M	MAC Indoor Champ	1:54.27	Leo Harmon	2/27/2016
O	MAC Indoor Overall	1:51.96	Tyler Newhook	2011

2:15 PM (Day 2)

Lane	Name	Yr	Team	Time
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Section 1 of 4

1	JUTRAS, Daniel	FR	Stevens	2:04.76
2	SCARBOROUGH, Cale	SO	Lebanon Valley	2:05.02
3	ONODY, Bryan	SO	Stevens	2:05.17
4	COGGINS, Nathaniel	FR	Messiah	2:05.28
5	DONAHUE, Andrew	JR	Stevens	2:05.41
6	NOLAN, Pierce	SO	York (Pa.)	2:05.52

Section 2 of 4

1	RODRIGUEZ JR., Emm	SO	Alvernia	2:02.18
2	MARTIN, Matthew	FR	York (Pa.)	2:02.59
3	GOWER HALL, Baxter	FR	York (Pa.)	2:03.30
4	WOMACK, Johnathan	SR	Stevenson	2:03.43
5	WENDEL, Zackary	FR	Alvernia	2:03.69
6	STEPHEN, Caleb	FR	Stevens	2:03.79
7	MELLINGER, Ryle	FR	Eastern	2:04.00
8	ZAMICHIELI, Dante	SO	Albright	2:04.22

Section 3 of 4

1	LEITNER, Kajetan	JR	Stevens	1:59.99
2	PETTY, Tyler	SO	King's (Pa.)	2:00.42
3	FOYTACK, Owen	FR	King's (Pa.)	2:00.55
4	PLUNKETT, Thomas	FR	Widener	2:00.63
5	BARBI, Mick	FR	Stevens	2:00.85
6	TOMASCH, Troy	JR	Stevens	2:01.39
7	ANTALA, Dhavan	SO	Stevens	2:01.66
8	SMOOT, Josh	FR	York (Pa.)	2:01.69

Section 4 of 4

1	TYCE, Carl	SR	DeSales	1:57.06
2	MILLAR, David	JR	Widener	1:58.87

2023 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPSReading, PA
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START LIST**#20 Men's 800 Meters (cont'd)****2:15 PM (Day 2)**

Lane	Name	Yr	Team	Time
3	DI CESARE, Alec	SO	Lebanon Valley	1:59.06
4	CONDON, John	FR	Messiah	1:59.11
5	SAPPE, Chris	FR	Hood	1:59.23
6	MELAO, Ronnie	JR	Stevens	1:59.28
7	DEREMER, Josh	SO	DeSales	1:59.72
8	PHILLIPPY, Ben	JR	DeSales	1:59.95

#23 Women's 200 Meters

M	MAC Indoor Champ	25.43	Shannon Roberts	2/27/2016
O	MAC Indoor Overall	24.74	Laura Mathews	2023

2:30 PM (Day 2)

Lane	Name	Yr	Team	Time
Section 1 of 5				
4	SPRINGER, Abigail	SO	King's (Pa.)	28.43
5	KEPLER, Hannah	FR	Stevenson	28.41
Section 2 of 5				
2	IGLESIAS, Gianna	SO	Misericordia	28.33
3	GIANNELLA, Olivia	FR	Widener	28.28
4	BOYCE, Keziah	FR	York (Pa.)	28.22
5	GRUENWALD, Arwyn	FR	Messiah	28.00
6	PHILIPPE, Jenna	SO	Alvernia	28.26
Section 3 of 5				
2	ROPER, Breyanna	SO	DeSales	27.77
3	KOWALSKI, Isabella	SO	Arcadia	27.72
4	FASOLI, Brianna	FR	FDU-Florham	27.48
5	WILSON, Jasmine	JR	Stevenson	27.47
6	HUNYARA, Tori	FR	Lebanon Valley	27.50
Section 4 of 5				
2	CANCIANI, Allie	SO	Stevens	27.38
3	WAGNER, Sarah	SO	Misericordia	27.30
4	VARGAS, Elena	SO	Messiah	27.16
5	MUZZARELLI, Maria	SO	Widener	26.97
6	GORE, Jayla	FR	Widener	27.25
Section 5 of 5				
2	BERKHEIMER, Darrian	SO	Lebanon Valley	26.94
3	JENNETT, Halle	SO	Messiah	26.92
4	BARR, Kelly	FR	Widener	26.84
5	MATHEWS, Laura	JR	Stevens	25.13
6	BADILLO, Sonialys	SR	Misericordia	26.86

#22 Men's 200 Meters

M	MAC Indoor Champ	21.79	Devonte Williams	2/25/2017
O	MAC Indoor Overall	21.66	Devonte Williams	2017

#22 Men's 200 Meters (cont'd)**2:45 PM (Day 2)**

Lane	Name	Yr	Team	Time
Section 1 of 5				
4	ELDRIDGE, Christian	FR	Stevenson	23.84
5	HARDISON, Quincy	JR	York (Pa.)	23.81
6	HAMMOND, Gregory	SO	Albright	23.96
Section 2 of 5				
2	OYENIRAN, Jubelo	SO	Stevenson	23.79
3	KOEHLER, Chandler	SO	Eastern	23.76
4	CHATMON, Keith	JR	York (Pa.)	23.69
5	O'DUNLAMI, Matt	SO	Delaware Valley	23.68
6	SAINT HILLIEN, Fabric	FR	Stevenson	23.71
Section 3 of 5				
2	CASTELLI, Wesley	FR	Arcadia	23.58
3	ELLINGTON, Evan	SR	Hood	23.52
4	WILSON, Vajon	JR	DeSales	23.49
5	SAMS, Myles	JR	Arcadia	23.48
6	LOEHR, Adam	SR	Alvernia	23.50
Section 4 of 5				
2	BLACKWELL, Dylan	FR	Misericordia	23.43
3	SHORT, Jack	JR	Alvernia	23.40
4	LINDER, Owen	SO	Lebanon Valley	23.27
5	DUNBAR, Kyle	JR	DeSales	23.15
6	CIPRIANO, Jarod	JR	Misericordia	23.36
Section 5 of 5				
2	RACCIOPPI, Jai	JR	Stevenson	22.96
3	HIGGINS, Ian	SO	York (Pa.)	22.93
4	KNOWLES, Samuel	SO	Widener	22.62
5	SUMMERS, Cameron	SR	Stevenson	22.33
6	MINS, Jamel	SO	Hood	22.78

#25 Women's 3000 Meters

M	MAC Indoor Champ	10:02.53	Veronica Wheeler	2/24/2018
O	MAC Indoor Overall	9:47.41	Esther Seeland	2022

3:05 PM (Day 2)

Lane	Name	Yr	Team	Time
Section 1 of 2				
1	SCHUTTE, Ali	JR	Messiah	11:18.86
2	COGGINS, Connor	JR	Messiah	11:22.35
3	FEERICK, Fiona	SO	Stevens	11:22.49
4	POWELL, Teddi	JR	Messiah	11:23.16
5	TRAN, Chris	SO	Widener	11:24.76
6	RUDOLPH, Emily	SO	Widener	11:25.86
7	SWAISGOOD, Amber	JR	Messiah	11:27.50
8	JOHNSON, Julia	SO	King's (Pa.)	11:27.51
9	BLACKMON, Alyssa	JR	Delaware Valley	11:28.55
10	DEMICHIEL, Sophie	SR	Arcadia	11:30.55

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2/24/2023 - 2/25/2023

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START LIST**#25 Women's 3000 Meters (cont'd)****3:05 PM (Day 2)**

Lane	Name	Yr	Team	Time
11	FOGELSANGER, Amb	JR	Messiah	11:30.88
12	AL NASERI, Maryam	SR	Stevenson	11:31.08

Section 2 of 2

1	NYE, Gabriella	FR	Widener	10:20.23
2	GABLE, Carly	JR	Widener	10:27.32
3	SMITH, Amelia	SR	DeSales	10:33.95
4	PARDEW, Isabelle	SR	Stevenson	10:34.33
5	DICKOW, Kate	SO	Messiah	10:36.45
6	EGAN, Liz	FR	Widener	10:38.39
7	COONEY, Emily	SO	Widener	10:38.54
8	THOMPSON, Alexa	SR	Misericordia	10:41.47
9	BARTHOLOMEW, Coyl	FR	Lebanon Valley	10:44.27
10	ANTHONY, Katie	SO	Messiah	10:50.37
11	ESTUS, Haley	SO	DeSales	10:55.61
12	GALLAGHER, Grace	FR	Misericordia	10:57.33
13	TOMKO, Zoe	SO	King's (Pa.)	10:58.47
14	JONES, Katherine	SO	Misericordia	11:03.49
15	JAMES, Abigail	SO	Misericordia	11:08.30

#24 Men's 3000 Meters

M	MAC Indoor Champ	8:36.41	Will McDermott	2/27/2016
O	MAC Indoor Overall	8:13.57	Patrick Watson	2020

3:35 PM (Day 2)

Lane	Name	Yr	Team	Time
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Section 1 of 2

1	SANTACOLOMA, Matt	SR	DeSales	9:01.66
2	MANIDIS, Nick	JR	DeSales	9:02.20
3	ROWLEY, Stephen	SO	Misericordia	9:02.36
4	CHUKOSKIE, Joseph	FR	Lebanon Valley	9:03.64
5	SHULMAN, Ryan	FR	Misericordia	9:04.44
6	REMENTER, Zachary	FR	Widener	9:11.72
7	COSTELLO, Kyle	SO	Messiah	9:15.74
8	CAROLAN, Michael	FR	Widener	9:15.75
9	ROSELLI, Anthony	JR	Alvernia	9:15.94
10	MILLER, Donald	FR	Lebanon Valley	9:17.73
11	BRUNO, Brian	JR	DeSales	9:17.79
12	SOLLY, Billy	SR	DeSales	9:18.18
13	MCKENNA, Tavian	FR	Misericordia	9:19.10
14	KELLY, Gavin	FR	Widener	9:19.38
15	HALVORSEN, Matthew	JR	Stevens	9:20.01
16	ORLANDO, Frank	SO	Stevens	9:21.13
17	GREVE, Tommy	SR	DeSales	9:21.70
18	BREWSTER, Mason	SO	Stevens	9:22.13
19	PORCO, Jake	SO	Stevens	9:22.13

Section 2 of 2**#24 Men's 3000 Meters (cont'd)****3:35 PM (Day 2)**

Lane	Name	Yr	Team	Time
1	FETTER, Louka	FR	Messiah	8:39.91
2	FLEAR, Thomas	SO	Widener	8:40.30
3	RHINEHART, Trey	SO	Misericordia	8:40.87
4	GRIFFIN, Noah	SR	Lebanon Valley	8:41.94
5	HUTCHINSON, Andrew	JR	Messiah	8:42.22
6	HORST, Logan	JR	Messiah	8:48.66
7	CALISTI, Noah	SO	Messiah	8:49.04
8	CONCANNON, Liam	SO	Stevens	8:51.98
9	ROTHSTEIN, Samuel	FR	Lebanon Valley	8:53.24
10	CARDIE, Joseph	SR	Widener	8:53.86
11	MOYER, Josiah	JR	Messiah	8:53.88
12	NESSCIO, Joseph	JR	Widener	8:56.11
13	VALDERRABANO, Isaa	JR	York (Pa.)	8:59.19
14	BERGER, Jordan	JR	Lebanon Valley	8:59.51
15	SCHINDLER, Hayden	JR	Stevenson	9:00.43

#27 Women's 4 x 800m Relay

M	MAC Indoor Champ	9:38.42	Messiah	2/23/2019
O	MAC Indoor Overall	9:37.23	Misericordia	2011

4:00 PM (Day 2)

Lane	Team	Time
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Section 1 of 1

1	Stevens (A)	A	10:20.56
	1) BURDEN, Nina SO	2) ROUSE, Rachel FR	
	3) LULAJ, Jacqueline SO	4) PINHO, Rachel JR	
	5) VOGEL, Isabel FR	6) ENES, Taylor FR	
	7) MEYER, Liana JR	8) WALETZKI, Nicole SO	
2	DeSales (A)	A	11:27.63
	1) ZEITLER, Shae FR	2) RADCLIFFE, Abigail SO	
	3) NICINSKI, Allison SR	4) MURPHY, Sara SR	
	5) SACCARY, Caitlyn SO	6) VIGLIANTI, Nina SO	
	7) ESTUS, Haley SO	8) SMITH, Amelia SR	
3	Hood (A)	A	12:06.10
	1) ARBAUGH, Maddie FR	2) HELLER, Adalie SO	
	3) PEZENOSKY, Megan FR	4) NOY, Aylene FR	
	5) MULHOLLAND, Megan FR	6) BARTMAN, Marin FR	
	7) HANCOCK, Shayna JR	8) CASTILLO, Gloria SO	
4	Messiah (A)	A	NT
	1) RICKARD, Julia SO	2) WALSTROM, Kathleen JR	
	3) BURCH, Kiersten SO	4) KRUTH, Laura JR	
5	Lebanon Valley (A)	A	NT
	1) KAPCSOS, Sierra FR	2) GARGES, Autumn FR	
	3) HUNT, Abigail FR	4) BUNKE, Lauren JR	

2023 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS

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START LIST**#27 Women's 4 x 800m Relay (cont'd)****4:00 PM (Day 2)**

Lane	Team	Time
6	Delaware Valley (A) 1) BLACKMON, Alyssa JR 2) LAIRD, Molly FR 3) COUSE, Catherine SR 4) NEWMAN, Chante JR 5) WILSON, Jaida FR	A NT
7	York (Pa.) (A) 1) FRY, Lindsay SO 2) KAISER, Bre JR 3) KERNAN, Alannah FR 4) KOZIOLEK, Cassie JR	A NT
8	Widener (A) 1) SWEELY, Jaden SO 2) O'BRIEN, Erin FR 3) AZZALINA, Serena FR 4) HOLT, Donna SO	A NT
9	Albright (A) 1) DEVITA, Alyssa FR 2) TIGHE, Eren FR 3) BROWN, Leah JR 4) SCHWEITZER, Katelyn JR	A NT
10	Misericordia (A) 1) KEEFE, Gia FR 2) KAMMER, Madison FR 3) HUGHEY, Kayla SO 4) ANNASENZ, Kelsey SO 5) WAGNER, Brianna SO 6) GALLAGHER, Grace FR 7) DAVIS, Carlina SO	A NT
11	Arcadia (A) 1) GORDLEY, Micah JR 2) CURNOW, Grace FR 3) SUTHERLAND, Emma JR 4) BROWNE, April SO 5) MCGARRY, Delaney SO 6) ENGLER, Jacqueline SO	A NT
12	King's (Pa.) (A) 1) PORTO, Elizabeth SO 2) MAJCHER, Mikaela SO 3) ZAMBETTI, Nicole JR 4) JOHNSON, Julia SO	A NT

#26 Men's 4 x 800m Relay

M	MAC Indoor Champ	7:56.65	Elizabethtown	2012
O	MAC Indoor Overall	7:54.12	Misericordia	2016

4:15 PM (Day 2)

Lane	Team	Time
Section 1 of 1		
1	Stevens (A) 1) BARBI, Mick FR 2) MELAO, Ronnie JR 3) AYLMEER, Jake SO 4) LEITNER, Kajetan JR 5) TOMASCH, Troy JR 6) ANTALA, Dhavan SO 7) STEPHEN, Caleb FR 8)	A 8:22.36
2	Delaware Valley (A) 1) OWEN, Carter JR 2) SKIKUS, Matthew FR 3) MESSENGER, Caleb FR 4) ROSENBERGER, Justin SO 5) HAMILTON, Wayne FR 6) MAHANA, John FR 7) MAHANA, James FR 8)	A 8:55.20
3	Eastern (A) 1) DANIEL, Astin FR 2) RIOS, Solomon SO 3) KARCH, Jason FR 4) MELLINGER, Ryle FR	A 8:55.78

#26 Men's 4 x 800m Relay (cont'd)**4:15 PM (Day 2)**

Lane	Team	Time
4	Alvernia (A) 1) WENDEL, Zackary FR 2) HENRY, James FR 3) DENNISON, Ryan FR 4) SCHERMERHORN, Kyle SO 5) ROSELLI, Anthony JR 6)	A 9:33.16
5	Widener (A) 1) CAROLAN, Kevin JR 2) PLUNKETT, Thomas FR 3) SCHREINER, Josh SR 4) MILLER, Ben SR 5) MILLAR, David JR 6)	A NT
6	Misericordia (A) 1) BRICKER, Thomas FR 2) BITERA, Cholo SO 3) KARWACKI, Austin FR 4) SHEA, Caleb FR 5) MCKENNA, Tavian FR 6)	A NT
7	Lebanon Valley (A) 1) LOY, Andrew JR 2) MCKELL, Elijah FR 3) FERRIZZI, Vince JR 4) DI CESARE, Alec SO 5) DEREMER, Josh SO 6) TYCE, Carl SR 7) RICCO, Eric JR 8) RINALDI, Antonio FR	A NT
9	York (Pa.) (A) 1) MARTIN, Matthew FR 2) KETTULA, John SO 3) GOWER HALL, Baxter FR 4) SMOOT, Josh FR 5) WINGARD, Jacob SO 6) NOLAN, Pierce SO	A NT
10	Stevenson (A) 1) WOMACK, Johnathan SR 2) HAMILTON, Malik SR 3) COLE, Spencer JR 4) BARRETT, Jake SR	A NT
11	Arcadia (A) 1) IP, Sean JR 2) DELORENZO, Eric JR 3) WALTER, Kevin SR 4) PONCIANO, Daniel FR 5) BEHM, Ben SR 6) NOBLE, Jonathan SR 7) HASTINGS, Murphy FR 8)	A NT
12	Messiah (A) 1) BAUMAN, Josh SO 2) KIMMEL, Nathan SO 3) CONDON, John FR 4) HORST, Logan JR 5) HOSTETLER, Adam SO 6) KOPP, Nathan FR	A NT

#29 Women's 4 x 400m Relay

M	MAC Indoor Champ	4:02.90	Misericordia	2/28/2015
O	MAC Indoor Overall	3:53.00	Misericordia	2015

4:30 PM (Day 2)

Lane	Team	Time
Section 1 of 2		

2023 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS

Reading, PA

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START LIST**#29 Women's 4 x 400m Relay (cont'd)****4:30 PM (Day 2)**

Lane	Team	Time
1	Albright (A) 1) TIGHE, Eren FR 3) SCHWEITZER, Katelyn JR	A NT
2	DeSales (A) 1) SACCARY, Caitlyn SO 3) SMITH, Amelia SR 5) NEUBAUER, Alaina SR	A 4:32.97
3	Delaware Valley (A) 1) HASTINGS, Kelly JR 3) JOSEPH, Alysia SR 5) COUSE, Catherine SR	A 4:32.61
4	King's (Pa.) (A) 1) SPRINGER, Abigail SO 3) DAINAUSKI, Laura SO	A 4:30.31
5	Lebanon Valley (A) 1) PEIFFER, Alyssa SO 3) BERKHEIMER, Darrian SO	A 4:29.60
6	York (Pa.) (A) 1) HENRY, Paige SO 3) SKANE, Sarah JR	A 4:30.99

Section 2 of 2

1	Alvernia (A) 1) PHILIPPE, Jenna SO 3) SCHOENER, Katelyn SR	A 4:27.70
2	Stevenson (A) 1) WILSON, Jasmine JR 3) SWANN, Alissa FR	A 4:24.84
3	Stevens (A) 1) CANCIANI, Allie SO 3) RYAZANOVA, Stephanie FR 5) ZUO, Sophia JR 7) WILLIAMS, Kristen JR	A 4:17.24
4	Widener (A) 1) SCHULTZ, Emma SO 3) LOWNES, Carly JR	A 4:14.96
5	Messiah (A) 1) VARGAS, Elena SO 3) GRAYBILL, Emma SO 5) BENNER, Clara FR	A 4:11.06
6	Misericordia (A) 1) BADILLO, Sonialys SR 3) GALLAGHER, Kristin SO 5) FRITZSCH, Lauren SR	A 4:16.86

#28 Men's 4 x 400m Relay

M	MAC Indoor Champ	3:22.02	Widener	2/27/2016
O	MAC Indoor Overall	3:18.33	Widener	2000

4:45 PM (Day 2)

Lane	Team	Time
Section 1 of 3		
3	Albright (A) 1) HAMMOND, Gregory SO 3) MALEY, Michael SO	A NT
4	York (Pa.) (A) 1) HERR, Derek JR 3) DESANTIS, Brendan SO 5) NOLAN, Pierce SO	A 3:41.99
5	Stevens (A) 1) RODRIGUEZ, Chris SO 3) ANTALA, Dhavan SO 5) TOMASCH, Troy JR 7) KIEFER, Brandon FR	A 3:41.75
6	Arcadia (A) 1) CARTER, Robert JR 3) SOTO, Justin JR 5) PINES ELLIOTT, Masai SO 7) WALTER, Kevin SR	A 3:46.71
Section 2 of 3		
1	Misericordia (A) 1) BLACKWELL, Dylan FR 3) CIPRIANO, Jarod JR	A 3:40.40
2	FDU-Florham (A) 1) HAROLD, Otis SO 3) TORODE, Emmanuel FR 5) THOMAS, JeVaughn SR	A 3:39.32
3	King's (Pa.) (A) 1) AVERY, Brendan SO 3) LANE, Travis SO 5) FOYTACK, Owen FR	A 3:38.48
4	Stevenson (A) 1) RACCIOPPI, Jai JR 3) REIMERT, Alexander FR 5) SNIPES, Dominic JR	A 3:37.13
5	Messiah (A) 1) FRENCH, Zach FR 3) HOSTETLER, Adam SO 5) DAUDT, Jack JR	A 3:37.08
6	Eastern (A) 1) KOEHLER, Chandler SO 3) WILLIAMS, DaNeal JR 5) ANDRE, Jean-Michelet SO 7) KARCH, Jason FR	A 3:37.20

2023 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS

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START LIST**#28 Men's 4 x 400m Relay (cont'd)****4:45 PM (Day 2)**

Lane	Team	Time
Section 3 of 3		
1	DeSales (A)	A 3:35.37
	1) DEREMER, Josh SO	2) MCCULLOCH, Tyler FR
	3) PHILLIPPY, Ben JR	4) DUNBAR, Kyle JR
	5) TYCE, Carl SR	6) RUTLEDGE, Ason SR
	7) CONNELL, Tim JR	8)
2	Alvernia (A)	A 3:34.91
	1) JEROME, Elisiah SO	2) VANSCHAICK, Brandon FR
	3) RODRIGUEZ JR., Emmanuel SO	4) LOEHR, Adam SR
3	Hood (A)	A 3:33.52
	1) MINS, Jamel SO	2) ELLINGTON, Evan SR
	3) ELLINGTON, Owen SO	4) SAPPE, Chris FR
	5) NGUELE, Arnold SO	6) OKUSEINDE, Tofunmi FR
	7) ASAMOAH, Korell FR	8) SESKAR, Alex FR
4	Delaware Valley (A)	A 3:27.22
	1) COOPER, Logan SR	2) MADISON, Moses JR
	3) O'DUNLAMI, Matt SO	4) MESSENGER, Caleb FR
	5) HAMILTON, Wayne FR	6) TAVERAS, Janiel FR
5	Widener (A)	A 3:26.83
	1) MCNEAR, Brion SO	2) SCHREINER, Josh SR
	3) DARDEN, Dereck SO	4) KNOWLES, Samuel SO
	5) DARDEN, Daniel SO	6) DAVID, Jonathan FR
	7) MILLER, Ben SR	8)
6	Lebanon Valley (A)	A 3:32.37
	1) SHEFFIELD, Daniel JR	2) MURTHA, Daniel SO
	3) LINDER, Owen SO	4) REED, Zachary JR
	5) BRUCHAK, Matthew SO	6) GOUNDIE, Donovan FR

#31 Men's Shot Put

M	MAC Indoor Champ	17.52m	Fred Fulton	2/23/2013
O	MAC Indoor Overall	17.86m	Fred Fulton	2013

11:00 AM (Day 2)

Lane	Name	Yr	Team	Mark
Flight 1 of 2				
1	HETRICK, Wyatt	FR	Lebanon Valley	12.45m
2	MILLER, Dustin	SR	Hood	12.76m
3	JUSINO, Christian	SR	Albright	12.36m
4	HOWELL, Conrad	SO	Widener	12.38m
5	MAHANA, John	FR	Delaware Valley	12.37m
6	SPINELLA, Matt	FR	Arcadia	12.07m
7	CHINN, Nick	SR	DeSales	12.16m
8	SHAY, Cody	SO	Lebanon Valley	12.78m
9	GIHR, Stephen	FR	Misericordia	11.96m
10	NOBLIT, Adam	SO	York (Pa.)	11.77m
11	WELLINGTON, Giovan	FR	DeSales	11.91m

#31 Men's Shot Put (cont'd)**11:00 AM (Day 2)**

Lane	Name	Yr	Team	Mark
12	LAPSYNSKI, Erik	SR	DeSales	11.74m
13	CROSBY, Ahmir	FR	Eastern	11.80m
14	ROLLINSON, Aidan	FR	York (Pa.)	11.68m
Flight 2 of 2				
1	SHARP, Harrison	JR	York (Pa.)	14.15m
2	LITTLEFIELD, Alden	SR	Widener	15.91m
3	WILLIAMS, Nathan	JR	Stevenson	15.62m
4	TERESI, Joseph	SO	FDU-Florham	12.98m
5	KRISTELLER, Alex	SO	Widener	14.53m
6	ADAMS, Justin	SO	Widener	14.44m
7	WATERS, David	SO	Widener	13.94m
8	MOTT, Andrew	JR	York (Pa.)	15.98m
9	PEROT, Brandon	SO	Delaware Valley	14.00m
10	REYNOLDS, Trey	SO	Lebanon Valley	13.97m
11	FISHER, William	SO	Lebanon Valley	14.41m
12	MAHANA, James	FR	Delaware Valley	13.72m
13	WENTZ, Gavin	FR	York (Pa.)	13.66m
14	KEMP, Carnell	SO	King's (Pa.)	14.95m
15	PAUL, Ian	SO	Lebanon Valley	12.78m

#33 Men's Triple Jump

M	MAC Indoor Champ	14.86m	Jason Patterson	2004
O	MAC Indoor Overall	14.86m	Jason Patterson	2004

11:00 AM (Day 2)

Lane	Name	Yr	Team	Mark
Flight 1 of 2				
1	ZERNHELT, Landon	FR	Stevenson	11.88m
2	KEITEL, Noah	SO	Messiah	11.93m
3	GROSSMAN, Jacob	FR	Widener	12.35m
4	BATISTA, Javian	SO	Stevens	12.06m
5	WARREN, Steve	SO	Arcadia	12.40m
6	OTTO, Joshua	JR	Lebanon Valley	12.44m
7	ZIEGLER, Jake	SO	Alvernia	11.79m
8	RESSLER, Tyler	FR	Widener	11.78m
9	TORODE, Emmanuel	FR	FDU-Florham	11.59m
10	BABLER, Dylan	JR	Stevenson	11.78m
Flight 2 of 2				
1	PHOENIX, Xavier	SR	DeSales	13.65m
2	BRUNELLE, Matthieu	SO	Misericordia	13.52m
3	KERR, Landon	SO	Messiah	12.53m
4	STEELE, John	SO	Messiah	13.01m
5	TAYLOR, Andre	SO	Eastern	13.20m
6	MAHONEY, Jack	JR	York (Pa.)	12.67m
7	COSGROVE, Aaron	JR	York (Pa.)	13.11m
8	MARTIN, Matthew	FR	York (Pa.)	12.85m

2023 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS

Reading, PA

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2/24/2023 - 2/25/2023

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START LIST**#33 Men's Triple Jump (cont'd)****11:00 AM (Day 2)**

Lane	Name	Yr	Team	Mark
9	BROWN, D'Maari	FR	FDU-Florham	13.98m
10	STEWART, Khari	SR	Stevenson	12.54m
11	FALL, Ibrahim	FR	FDU-Florham	13.31m

#37-6 Men's Indoor Heptathlon Pole Vault

M	MAC Indoor Champ	5.13m	Tim Moses	2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	2015

11:35 PM (Day 2)

Lane Name Yr Team

Flight 1 of 1

1	SABO, Alex	JR	Lebanon Valley
2	DUNKERTON, Gavin	SO	Messiah
3	BATTLE, Jeremiah	JR	Stevenson
4	LANE, Travis	SO	King's (Pa.)
5	DEFALCIS, Michael	SO	Lebanon Valley
6	MCWILLIAMS, Xavier	SO	Stevens
7	KIEFER, Brandon	FR	Stevens
8	MCGOVERN, Liam	FR	Messiah

#38-2 Women's Indoor Pentathlon High Jump

M	MAC Indoor Champ	1.71m	Taylor Wiederrecht	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward	2014

11:40 PM (Day 2)

Lane Name Yr Team

Flight 1 of 1

1	MEYER, Liana	JR	Stevens
2	ZULTEVICZ, Victoria	SO	King's (Pa.)
3	MCQUILLEN, Chloe	SO	Hood
4	HAMLEN, Natalie	SO	Messiah
5	WEGMAN, Carolina	FR	Lebanon Valley
6	BELL, Sydney	FR	Widener
7	GEORGE, Susan	JR	Stevens
8	GLISTA, Morgan	SR	Arcadia

#32 Women's Triple Jump

M	MAC Indoor Champ	12.07m	Nicole Weenink	2/29/2020
O	MAC Indoor Overall	12.12m	Kristen Bates	2010

1:00 AM (Day 2)

Lane Name Yr Team Mark

Flight 1 of 2

1	THOMPSON, Paige	FR	Delaware Valley	9.98m
2	DAVIS, Xiahna	SO	Misericordia	9.82m
3	OLEWINE, Jill	SR	Misericordia	9.97m
4	WALETZKI, Nicole	SO	Stevens	9.93m
5	SANTORO, Ella	SO	Stevens	9.88m
6	HESS, Kaitlyn	FR	Stevenson	10.15m

#32 Women's Triple Jump (cont'd)**1:00 AM (Day 2)**

Lane	Name	Yr	Team	Mark
7	AARON, Megan	FR	Misericordia	9.73m
8	EWING, Isabella	SO	York (Pa.)	9.56m
9	CALL, Olivia	SO	Messiah	9.65m
10	HOXTER, Akilah	JR	Alvernia	9.56m

Flight 2 of 2

1	VARGAS, Elena	SO	Messiah	10.76m
2	CASTILLO, Mylina	FR	Alvernia	11.29m
3	BRUBAKER, Megan	JR	DeSales	10.66m
4	WAGNER, Sarah	SO	Misericordia	11.29m
5	BEKELE, Divora	JR	Eastern	10.51m
6	WILLIAMS, Kristen	JR	Stevens	10.31m
7	PERFILIO, Madelynn	FR	King's (Pa.)	10.21m
8	FELIX, Shinelle	SO	Alvernia	11.96m
9	CONFORTI, Gabriella	JR	King's (Pa.)	10.36m
10	FURBUSH, Tia	FR	Widener	10.16m

#35 Men's High Jump

M	MAC Indoor Champ	2.07m	Valiant McKee	2/24/2018
O	MAC Indoor Overall	2.07m	Valiant McKee	2/29/2020

1:45 PM (Day 2)

Lane Name Yr Team Mark

Flight 1 of 1

1	GROSSMAN, Jacob	FR	Widener	1.73m
2	MAILEY, Ronan	FR	York (Pa.)	1.75m
3	PHOENIX, Xavier	SR	DeSales	1.75m
4	BROWN, D'Maari	FR	FDU-Florham	1.76m
5	KERR, Landon	SO	Messiah	1.76m
6	HALL, Conner	FR	Stevenson	1.76m
7	RIFE, Jordan	FR	King's (Pa.)	1.78m
8	FINCK, Kevin	JR	Stevens	1.80m
9	VELLIOS, Gabriel	FR	Lebanon Valley	1.81m
10	LOPEZ, Oliver	JR	York (Pa.)	1.85m
11	NIEMANDT, Edwin	FR	York (Pa.)	1.88m
12	HEISEY, Derek	SO	Messiah	1.90m
13	SHERROD, Teone	JR	King's (Pa.)	1.95m

#38-3 Women's Indoor Pentathlon Shot Put

M	MAC Indoor Champ	14.65m	Lauren Lucci	2008
O	MAC Indoor Overall	14.65m	Lauren Lucci	2008

2:00 PM (Day 2)

Lane Name Yr Team

Flight 1 of 1

1	GEORGE, Susan	JR	Stevens
2	BELL, Sydney	FR	Widener
3	GLISTA, Morgan	SR	Arcadia

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START LIST**#38-3 Women's Indoor Pentathlon Shot Put (cont'd)****2:00 PM (Day 2)**

Lane	Name	Yr	Team
4	HAMLEN, Natalie	SO	Messiah
5	WEGMAN, Carolina	FR	Lebanon Valley
6	MCQUILLEN, Chloe	SO	Hood
7	MEYER, Liana	JR	Stevens
8	ZULTEVICZ, Victoria	SO	King's (Pa.)

#13 Women's Pole Vault

M	MAC Indoor Champ	3.82m	Melissa Fellenbaum	2/23/2013
O	MAC Indoor Overall	3.90m	Melissa Fellenbaum	2013

2:30 PM (Day 2)

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	HOFFMAN, Isabella	FR	Alvernia	2.55m
2	RYAZANOVA, Stephani	FR	Stevens	2.55m
3	WITTER, Hannah	FR	Messiah	2.60m
4	CHANDRASEKHAR, A	JR	Stevens	2.65m
5	CALL, Olivia	SO	Messiah	2.74m
6	WOOD, Cadee	SO	Messiah	2.89m
7	CROWLEY, Noelle	JR	Messiah	2.90m
8	LAZO, Julia	FR	Misericordia	3.00m
9	WIKE, Sidney	JR	Lebanon Valley	3.00m
10	SNAVELY, Rachel	SO	Lebanon Valley	3.05m
11	MELE, Emma	SO	DeSales	3.18m
12	MEROLA, Alexis	FR	Stevens	3.20m
13	CARPENTER, Paige	SO	Eastern	3.33m
14	ORIEL, Emily	FR	Lebanon Valley	3.34m
15	STEGER, Savannah	JR	Widener	3.35m
16	WHITE-VEGA, Aliza	SO	Eastern	3.45m
17	PENA, Julia	JR	York (Pa.)	3.81m

#30 Women's Shot Put

M	MAC Indoor Champ	14.65m	Lauren Lucci	2008
O	MAC Indoor Overall	14.65m	Lauren Lucci	2008

2:30 PM (Day 2)

Lane	Name	Yr	Team	Mark
Flight 1 of 2				
1	BUSSEY, Meghan	FR	Lebanon Valley	9.78m
2	VAUGHNS, Makayla	SR	Stevenson	10.13m
3	LONG, Kerrin	SO	Delaware Valley	9.92m
4	BELLOMO, Gabby	SO	Misericordia	10.16m
5	HARNOIS, Sofia	FR	York (Pa.)	9.91m
6	MULIAWAN, Ashley	JR	Stevens	9.77m
7	ANTICO, Amanda	SO	Stevens	9.49m
8	MILLER, Cheyenne	FR	Widener	9.46m
9	MISKULIN, Sophia	SR	FDU-Florham	9.35m

#30 Women's Shot Put (cont'd)**2:30 PM (Day 2)**

Lane	Name	Yr	Team	Mark
Flight 2 of 2				
1	HOLLANDER, Adele	SO	King's (Pa.)	11.63m
2	LACCETTI, AnaMaria	SR	Stevens	12.22m
3	KARNISH, Brenna	SR	Misericordia	13.18m
4	VARNER, Brandy	FR	King's (Pa.)	11.52m
5	REED, Caroline	SO	Lebanon Valley	10.84m
6	BETZ, Alyssa	SO	Lebanon Valley	10.74m
7	ZECHMAN, Taileen	JR	Hood	10.38m
8	ASSANTE, Lauren	SO	Lebanon Valley	10.56m
9	HILFERTY, Delaney	SO	Delaware Valley	10.66m
10	FERSTER, Leah	SO	Messiah	10.25m

#38-4 Women's Indoor Pentathlon Long Jump

M	MAC Indoor Champ	5.80m	Nicole Weenink	2/28/2020
M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	2/25/2017
O	MAC Indoor Overall	5.80m	Nicole Weenink	2020
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	2017
O	MAC Indoor Overall	5.80m	Oniesha Clarke	2017

3:00 PM (Day 2)

Lane	Name	Yr	Team
Flight 1 of 1			
1	MEYER, Liana	JR	Stevens
2	GEORGE, Susan	JR	Stevens
3	MCQUILLEN, Chloe	SO	Hood
4	HAMLEN, Natalie	SO	Messiah
5	ZULTEVICZ, Victoria	SO	King's (Pa.)
6	WEGMAN, Carolina	FR	Lebanon Valley
7	GLISTA, Morgan	SR	Arcadia
8	BELL, Sydni	FR	Widener

#34 Women's High Jump

M	MAC Indoor Champ	1.71m	Taylor Wiederrecht	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward	2014

3:15 PM (Day 2)

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	CALL, Olivia	SO	Messiah	1.37m
2	SCHROEDER, Meredith	FR	Widener	1.37m
3	HAND, Madeline	SO	Misericordia	1.37m
4	DAY, Skyliya	SO	Stevenson	1.42m
5	DALLMER, Olivia	FR	DeSales	1.45m
6	ARMITAGE, Madison	SO	King's (Pa.)	1.47m
7	BROWN, Kara	FR	Messiah	1.50m
8	PREVIGLIAN, Maggie	FR	Stevens	1.52m
9	CANCIANI, Allie	SO	Stevens	1.53m

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START LIST

#34 Women's High Jump (cont'd)

3:15 PM (Day 2)

Lane	Name	Yr	Team	Mark
10	GLISTA, Morgan	SR	Arcadia	1.54m
11	TIGHE, Caroline	SO	Stevens	1.57m
12	KOUTCH, Melena	SO	Lebanon Valley	1.60m
13	WAGNER, Sarah	SO	Misericordia	1.62m
14	ALLEN, Casey	SO	Misericordia	1.63m